



THE ORIGINAL Z

22.5% THC (tetrahydrocannabinol)
<1% CBD (cannabidiol)

CONSUMER MEDICINE INFORMATION

This leaflet addresses frequently asked questions about The Original Z Flower. This leaflet does not contain all available information and does not replace speaking to your trusted doctor or pharmacist. All medicines present potential risks and benefits. You are receiving this leaflet because your doctor has weighed the risks of you using The Original Z Flower against the benefits they expect you will experience. If you have any concerns or queries about using this medicine, speak to your doctor or pharmacist. Keep this leaflet with your medicine. You may need to reference it in the future.

ACTIVE INGREDIENT (S)

Cannabis sativa (hybrid) dried flower
5g minimum, containing
tetrahydrocannabinol 22.5% w/w.

WHY HAVE I BEEN PRESCRIBED THE ORIGINAL Z FLOWER?

Your doctor may prescribe this product for a range of medical conditions that have persisted for longer than three months or have not responded to traditional first-line treatments or products. For further information about why this product was prescribed to you, please speak to your prescribing doctor.

PRECAUTIONS AND WARNINGS

The Original Z Flower is contraindicated (should not be used) for:

1. Women who are pregnant or lactating;
2. Persons with a known or suspected cannabinoid allergy;
3. Persons with serious cardiovascular disease e.g., congestive heart failure; and
4. Persons with personal history of schizophrenia or psychosis.

The Original Z Flower should be used with caution for:

1. Persons with suspected or confirmed family history of serious psychiatric disorders such as schizophrenia, psychosis, major depression, bipolar disorder or personality disorder.
2. Persons with lung disease;
3. Persons with a history of alcohol or drug abuse or substance dependence.

Do not take The Original Z Flower after the expiry date has passed.

Do not take The Original Z Flower if the packaging is damaged or shows signs of tampering.

Tolerance or dependence on The Original Z Flower is unlikely but may occur in some persons if used in excess.

THC can cause intoxication and impairment, please avoid high performance/risky activities if feeling these effects. Intoxication is considered a side effect and can be mitigated with responsible dosing. It is recommended to avoid consuming alcohol whilst consuming The Original Z Flower. Cannabis can increase the side effects of alcohol and vice versa.

Before you start using The Original Z Flower, inform your doctor if:

1. You have any severe allergies;
2. You are pregnant, breastfeeding or are planning on becoming pregnant;
3. You have serious liver, kidney or lung problems;
4. You have experienced serious heart problems such as angina, previous heart attacks, uncontrolled or poorly controlled high blood pressure, cardiac failure or an irregularity with your heart rhythm;

5. You are taking life-saving medications i.e. Warfarin, clopidogrel, tacrolimus, immuno therapies etc.;
6. You are taking any other medicines, including prescription, OTC, and herbal medicines;
7. You are elderly, have difficulty performing activities of daily living (ADLs) or are at risk to falls.

If you have not informed your doctor about any of the above, tell them before you begin using The Original Z Flower.

DOSING

The Original Z Flower is for inhalation use only. Do not use The Original Z Flower without dosing and administration advice from your doctor. If you are unsure about administration or dosage, please consult with your doctor or pharmacist. Currently, there is no standardised or clinically defined dosage for The Original Z Flower. Following the 'start low, go slow' philosophy of cannabis medicine, all patients will be started on a low dose and titrated under clinical supervision until a the therapeutic response is achieved or side effects limit titration. Your optimal dose will be established by you and your doctor by monitoring the effectiveness of each dose and observing for any side effects.

Due to the short half life of inhaled cannabis, this product may be used 2-4 hourly if required. Start at any time of day when needed for fast relief of breakthrough symptoms.

ADMINISTRATION

Inhalation is the recommended administration method for dried flower medicines, via use of a dry herb vaporiser.

A vaporiser is a device that heats dried medicinal cannabis without combustion. The vapour produced by dry herb vaporisers can be inhaled directly.

1. Break off 0.1g (pea sized bud) of cannabis flower. Grind material to even, fine consistency. Place material in vaporiser bowl. Switch device on and wait for it- to heat up. Start at 180 degrees if not otherwise specified.
2. 1-2 inhalations. Wait 15 minutes.
3. If nil effect repeat process.
4. Wait another 15 minutes. Repeat if needed.
5. Aim for the lowest effective dose to treat your symptoms.
6. If intoxication or side effects occur before effective dose is achieved, reduce cumulative dose to maximum tolerated and consult your doctor or nurse.

Prolonged overuse of THC based medicines may result in you developing tolerance, requiring increased doses to achieve the same therapeutic effect.

In this case, you should speak to your doctor about engaging in a 'tolerance break' in order to reset THC sensitivity. In the event of intolerable side effects, return to previous dose at which the therapeutic benefit was achieved without intolerable side effects.

IF YOU FORGET A DOSE

Cannabis flower is not usually used as a regular medication but more on an as needed basis. If you have nil acute symptoms then you do not need to use vaporised cannabis. If you have more frequent flairs you can use inhaled cannabis as required every 2-4 hrs. If you are experiencing severe symptoms it is important to remember more THC does not necessarily equal greater effectiveness. Once you have dosed beyond your optimal dose your medicine can lose effectiveness and is more likely to cause side effects. If you are unsure or need further guidance, please call your doctor, nurse or pharmacist.

IF YOU TAKE TOO MUCH

Common side effects of taking

too much THC can include anxiety and paranoia. Whilst this may be unpleasant, the effects are generally short lasting and can be managed by staying calm, dimming the lights, having a herbal tea and reminding yourself that THC has a very low chance of toxicity.

If you have pre-existing cardiovascular disease, chest pain or shortness of breath please call 000.

If you are experiencing suicidal thoughts and ideations, please call lifeline or 000. Once the episode has subsided, please reduce your dose and talk to your prescribing doctor about dose adjustments or medication changes.

SAFETY INFORMATION

The Original Z Flower contains the psychoactive cannabinoid THC. THC ingestion can result in temporary intoxication, confusion, fatigue, drowsiness and impairment. It is strongly advised that patients refrain from driving or operating heavy machinery whilst on THC-based medicines. It is currently an offence in Australia to drive with a detectable amount of THC in the body. For more information on legalities surrounding cannabis medicines, please speak to your doctor or pharmacist.

THC PREDOMINANT MEDICATIONS

THC is a powerful medicine, even at very low doses. It is also associated with most cannabis side effects. It is intoxicating and impairing at high doses and frequent overuse of THC based medications can down-regulate the body's own endocannabinoid system (ECS). THC based medications need to be titrated in a mindful and reflective manner. It is best to start in the sub-therapeutic range and slowly titrate up to therapeutic doses over 1-2 weeks.

SIDE EFFECTS OF THC

(Generally related to high doses - safe and well tolerated when used appropriately)

- Asthenia (abnormal physical weakness or lack of energy)
- Confusion
- Disorientation
- Dizziness
- Drowsiness
- Vertigo
- Balance and coordination problems
- Dry mouth
- Hallucinations
- Anxiety
- Paranoid thoughts
- Increased appetite
- Vomiting or nausea
- Short term memory impairment

- Light-headedness
- Uncontrolled laughter or euphoria
- Low mood

STORAGE

All medicines (including cannabis medicines) must be stored safely in a location that children and animals cannot reach.

Light and heat can degrade cannabis products.

Store all cannabis products in a cool dark place below 25 degrees celsius, away from direct sunlight.

Do not transfer product material to a different container.

Do not use the product after the expiry date printed on the label.

WARNING

This medicine is a Schedule 8: Controlled Drug, Possession Without Authority Illegal, Keep Out Of Reach Of Children

SPONSOR DETAILS

Sponsored by
ECS Botanics MC Pty Ltd.
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